

"All the records of your past lives are contained within your own mind, just as the records of your ancestors are contained within your DNA."

Frederick Lenz 1950-1998

## **The Phenomena of Passengers**

When I first began this crazy journey of energy therapy, I was introduced to the aspect of clients carrying passengers. What is a passenger? Well let me give you my definition. Passenger: *A spirit or energy being that a person has agreed to carry or be a vehicle for, with the intent of completing a journey, task or desire. Passengers are usually overt rather than hidden and will overlay the energy field of their host. Once ensconced they are sometimes reluctant to leave or do not know how to be released from their host. In some cases they can be very manipulative.*

From time to time we meet clients affected by what we label as a "passenger", and this type of interference has its own particular indicators when conducting a session. Although there may have been some consent given, or agreement made in the past, I have yet to encounter indicators of a passenger suggesting the coexistence should continue. It is possible that we work with clients unaware of an existing passenger, simply because the relationship is harmonious and has a positive purpose. But in the main, any passengers revealed to us are commonly determined as inter-dimensional interference and need to be cleared.

Passengers can cause significant problems for a client in some strange ways. A great example of this was described to me by a colleague. This is not a case I personally dealt with, but I do trust the therapist who described the experience. A female client was referred by another practitioner as it was recognised they were not getting to the root cause of the woman's problem. The problem being that every time the client entered into a close relationship with a man, explosive anger would eventually emerge to destroy the relationship. One of the side issues for this client was a problem with offensive foot odour, despite every possible remedy being tested. It was eventually discovered that the client had agreed to carry a human spirit to complete some experience on earth. Exactly what that experience was, or what the agreement included, is unknown. What is known, is that the passenger was the spirit of a tall, very masculine, African man. This man had sustained injuries to both of his legs which eventually led to gangrene in the feet and his eventual death.

I'm no expert, but my understanding is that gangrene occurs when blood flow stops, and bacteria begin to invade the damaged tissue. In wet gangrene, the wound gives off a foul smell. Again we don't know what was the reason for the coexistence, but every time the woman attempted to build a close relationship with a man, the passenger would react.

Time and again, anger from unknown origins, would bring the relationship to an end. Why the foot complaint was carried over is also unknown. The clearing of the passenger was completed and the angry reaction in relationships brought to an end, along with the problem of offensive foot odour.

The aspect of the feet in this case is interesting, at least to me anyway. It seems that as we are physically connected to the earth to experience a human existence, there are many clues offered in how we connect. I mean quite literally, as in our feet, ankles, knees and legs. There are a number of ways to gain insight into past lives of a client and one of those is in connecting to the feet. No I don't have a foot fetish, but then again, perhaps I do in regards to past lives. There have been numerous times when I have been given glimpses into past lives and carry-over lessons, via the clients feet and ankles.

In one particular case I was presented with the image of two turquoise blue, Persian slippers, worn by my client in a past life. As we teased out the story, we discovered our client had lived as a man trading on the ancient silk road and broken his ankle. In that era on earth, the accident could have been a death sentence, in not being able to fend for yourself. Fortunately, he was aided by others, survived and prospered. Although the broken bone eventually healed, the trader was left with a permanent limp. The lesson for the man in that life was to ask and then accept help from others, rather than be totally independent. In the current life of our client, her right ankle would occasionally give way, swell and cause pain She would then have to spend a few days resting with the foot raised. This was designed as a reminder from the past to accept help from friends and family. Our client was a very hard worker supporting her family and tended to put everyone else first. Whenever she needed a reminder, the ankle would give way, and our client was forced to rest, take time off work and accept help from family.

I had another client who disliked having their feet touched. We determined this "dislike" was a past life carry-over from an era in China when foot binding was still practised. The role of an influential woman in power and control in one life, had been reversed in the present. For whatever reason, a reminder or clue to past lessons learnt, were recorded in the feet; right where we physically contact the earth.

I know I'm getting off the topic but I want to offer one more case that is not related to a past life. Chris and I worked with an indigenous man who complained of a persistent pain in one knee. Despite sporting injuries to other parts of the body, our client had no explanation or memory of an injury to that particular area. This condition was a side issue to the reason for consulting us. Nevertheless, it was noted right from the start that this was meant to be addressed, although it did take a number of sessions for it to be released. As an indigenous man, our client had received a lot of discrimination and racial abuse through life. Despite his significant achievements in his career, the emotions of one particular event were being held in the knee.

A thoughtless, racial comment was locked into his energy systems that undermined his feelings of self worth. A comment he thought he had shrugged off, was really a culmination of limiting, self worth triggers, that resided in the knee. It took a number of weeks, but once our client acknowledged a particular event and accepted that he had not shrugged it off emotionally, the pain miraculously disappeared.

It was a classic case of gestalt therapy, where a chain of events cause a build-up of emotional and physical pain which can be released at a single point in time. So along with past life reminders, feelings of lack of support emotionally and even financially, can be reflected in the legs. However, we must be cautious and not generalise when it comes to conditions affecting the feet, ankles or legs...despite what may be written in some books. In the world of human existence, there is never one set formula, as we are all very complex beings.

But I digress, as this article was meant to be about passengers. So what else do we know? The concept of a person carrying a passenger is the result of an agreement between two souls and can include deceased siblings. Most times it's to accommodate the continuing exploration or journey of a life on earth, by the passenger soul. In the vast majority of cases the host has no conscious knowledge of the agreement. It can on occasions, be an agreement whereby the passenger is intended to be a witness to the human journey. In general, the consensual experience of a passenger is not all that common and we may see one in twelve clients, experiencing this sort of agreement. In the general population, we would suggest that it's something in the order of one in one hundred.

There is also the possibility of animal spirits being involved, but this would be extremely rare. The passenger can only be cleared if consent is given by the host soul. Clearing a passenger involves all the appropriate protocols in dealing with a human spirit, which may include healing before release.



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