



"It has been said, 'time heals all wounds.' I do not agree. The wounds remain. In time, the mind, protecting its sanity, covers them with scar tissue and the pain lessens. But it is never gone."

Rose Fitzgerald Kennedy (1890-1995) from the book *Times To Remember* (1974), p. 304

Medical intuitive challenges from an energy perspective.

When it comes to diagnosing a health condition, there is a plethora of services available to every person in need. Everything from feeling the pulse as in Traditional Chinese Medicine, reviewing the eyes with Iridology, to all the wibbang gadgetry of modern medicine, just to name a few. And within each of these modalities there are again numerous tools available to help the practitioner determine the cause of any presenting condition. In this article, I want to touch on the complexities involved from our perspective, in determining the underlying cause of some problem. The reason for this has two aspects. Firstly, we are sometimes described as medical intuitives when we do not claim to be. Secondly, we are commonly asked by people to interpret their own visions of energy flow which is very challenging as everyone's perceptions are different.

There are many medical intuitives around the world applying their talents to help people in need. Some are well known to the point of celebrity status, while others are not. It's not for me to judge them, but I will say that just like any profession or therapy, there are practitioners who are very good at what they do, and there are those who should be avoided. At one time I had the view of adding my name to the ranks of medical intuitives and no doubt ego had a part to play in that. I still have a testimonial filed away that describes me as a modern day "Edgar Cayce". Just can't bring myself to delete it...now that really is stroking my ego. If you dig deep enough, you may find some online listing from the dim past where I have ticked the box as a medical intuitive. However, I have since realised just how complex the human journey really is, and it can be very limiting to simply place a label on some ailment. If we also add in the fact we live in a very litigious world, then claiming to make a diagnosis is fraught with danger. So no, I do not claim to make a diagnosis, nor do I see myself as a medical intuitive, and certainly not a modern Edgar Cayce.

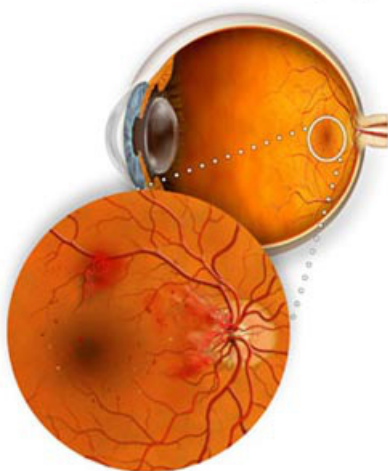
When it comes to systemic diseases, there are many diagnostic tools available via modern, medical techniques. Even having your eyes examined by a competent optometrist can reveal numerous, whole-body, problems. And when that occurs it's commonly a path of varying medications. I do not see the role of a medical intuitive as needing to confirm or diagnose a condition that a competent doctor can conclude. But then there are conditions such as Lyme disease that can masquerade as any number of conditions depending on where the pathogen resides in the body.

In this case, a good medical intuitive may be able to circumvent the battery of inconclusive testing and point a person in the right direction for a definitive diagnosis. The question is, has the person chosen to explore the journey of frustration in regards to numerous, inconclusive tests? Or are they chosen to experience the condition head on...or maybe both? These are questions for a whole separate debate.

Most readers would appreciate that a physical condition may not always be due to accidental trauma, inherited disease, or pesky pathogens. Many physical ailments can result from, or be aggravated by, emotional and mental burden, as well as external forces. The challenge we have in our work is interpreting the signs and symptoms. From this point I'm going to describe my own interpretations as Chris perceives things differently to me. For me it's all about energy flow, because in the end that's what we are...energy.

A restriction in energy flow in the upper body from the diaphragm up with no specific organs highlighted, can reflect a number of conditions. These conditions could include cardiomyopathy, anxiety, respiratory problems including asthma, or the results of smoking. The absence of any highlighted organ such as the heart or lungs makes it difficult to interpret. In one particular case, this type of pattern reflected a tremendous amount of personal loss and family tragedy, leading to an aggravated condition of cardiomyopathy. This condition was compounded by an inherited problem, which adds to the complexities. If I were to simply confirm to that client, the presence of an existing heart condition, it may negate all the other subtle inputs that needed to be addressed. Yes the condition may have been inherited, but for what purpose? Energy patterns need to be interpreted across many different planes, and in this case "loss" was a significant factor. The loss was both a personal exploration and an ancestral journey.

Proliferative Diabetic Retinopathy

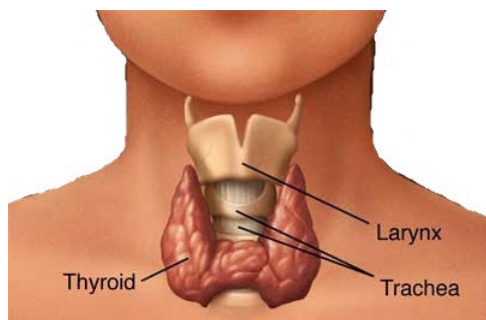


Another example is a small circular area of red, inflamed energy within the right hemisphere of the head behind the eye. This type of pattern commonly indicates headaches, but depending on the intensity it can also indicate migraine, general eye problems or diabetic retinopathy. For one particular client the diagnosis of diabetic retinopathy (DR) was made late in life, but the abnormality of the blood vessels to the eye had been recognised before age ten. DR is not usually encountered during childhood and adolescence, even though it is a common initial complication of diabetes. Again, making or confirming a specific diagnosis risks other influencing factors being ignored. Depending on your philosophy, there could be a clue with the right hemisphere being involved. The right side of the body generally represents the male aspects, but then again, the right brain hemisphere is deemed emotional.

The thyroid gland is another good example. I commonly see patterns of disrupted energy flow around the thyroid of presenting clients. I was once told by an intuitive that the thyroid problems occurring here in Australia are due to the Maralinga nuclear test program. A total of seven British nuclear tests were conducted at Maralinga between 1956 and 1963. Although no doubt it is a contributing factor, I think that it's a short-sighted statement.



Since the first nuclear test explosion on July 16, 1945, at least eight nations have detonated 2,056 nuclear explosions at dozens of sites around the world. Wherever you are on the planet, there is no escaping the fall-out and it can affect your thyroid as well as other body systems. This alone is a good reason for maintaining a healthy diet with an optimal level of iodine and other essential nutrients.



I have lost count of the number of potential clients where I have perceived imbalances around the thyroid gland. Many admit to having their thyroid tested, only for the medical results to indicate normal levels of hormonal output. This then raises a couple of questions including why was there a perceived need to have the tests? And secondly, if the test results show normal function, why is there a disruptive energy pattern around the gland? It's quite common to perceive red, inflamed energy around the thyroid, which is what I

describe as "reactive energy". Putting aside environmental toxins, one major contributing factor is the emotional and mental burden that affects the gland function on the energetic level. A reaction to this burden may be seen long before physical changes can be tested. The throat chakra and associated organs, is a seat of self identity and expression. It will react to any emotional burden. This can add to an already overloaded thyroid battling environmental toxins and poor diet. Yes you can pop a pill and rebalance the hormonal levels, but it does not necessarily fix the problem. The reverse is also true, wherein clearing the emotional burden may not fix it either, but can lead to better management of the condition. Quite often there are ancestral or epigenetic factors involved as well. So it's one thing to diagnose a problem with the thyroid, and another to understand the cause.

And while I'm on the subject, the throat chakra is connected to the sacral, which is also a seat of creativity and expression. The posterior aspect of the throat is the centre through which we channel thoughts, ideas and concepts from other dimensions. Although not necessarily an imbalance, you may well experience discomfort in your throat when going through stages of self development or spiritual awakening. This can go on for months, or even years. So you get the idea that the throat area is a complex part of the body and potential influences are many. If you're having challenges with your throat with no obvious cause, be cautious of the diagnosis from your happy chappy friend. They are likely to ask you what are you not saying or why are you not speaking up? Or it must be the anniversary of a death by hanging in a previous life. Although possible and worth considering, know that it can be much more complex than that.

When it comes to completing discovery sessions, three main areas continually stand out. They are the head, the gut and pelvis. In regards to the pelvis, problems with the female organs are very common within the presenting issues for our clients. Again, the sacral area is a seat of self identity, creativity and even expression. Emotional and mental burden again play a major role in the health of the organs, but it's not the whole story. Pollutants in the diet, particularly xenoestrogens, are definitely factors that need to be considered. Many conditions specific to the female body, including polycystic ovary syndrome, are reflected in many ways on the energetic level. The whole pelvic area may be inflamed with reactive, red energy, or specific organs may be highlighted.

There are likely clues whether the affected organ is on the right or left side. Conditions involving the female organs commonly involve issues around the mother, mothering, or motherhood, but not in every case and it's definitely not the whole story. The aspects of motherhood alone can have infinite expressions and you would need to consult with a mathematician to calculate the potential number. My estimate is about a trillion, but hey, maths is not my area of expertise. Loss of a child or a termination from decades in the past can continue to impact a person, even though the conscious memory has been lost. And dare I say, as significant as such an event is for the person involved, it may be just one small aspect in the big scheme of life exploration.



Then there are hereditary factors that can be added to the mathematical formula. It's quite common these days, at least from our perspective, for clients to volunteer to bring an hereditary pattern to an end in this life. So as part of their own life exploration as a woman, there is the integral, ancestral pattern playing a role. We also need to remember that the exploration of motherhood may include "not conceiving children". When it comes to ancestral patterns and mother issues, we commonly perceive clues via the connection between the hereditary line and the energy field. This is the same for both men and women.

Unexplainable shoulder problems either left or right side can be due to, or aggravated by such hereditary connections. I have worked with a client who negated the need for shoulder surgery by clearing the offending ancestral pattern. The only solution that doctors could offer for unexplained, long term pain, was to reconstruct the shoulder. So you can appreciate that on labelling or diagnosing a condition involving any organ, female or otherwise, there is the potential to miss the intricate causal or aggravating factors. This thinking can be applied to any health condition.

Earlier I mentioned that the three primary sites for problems we encounter are the head, gut and pelvis. These areas may be perceived by the client as "the problem", having been diagnosed with this or that. But in reality they commonly reflect a larger whole of body imbalance. Gut problems can obviously have infinite causes from food intolerances to parasites in various forms, as well as stress having a big impact. Rather than focusing on the gut itself and perhaps some problem with digestion, we need to remember the lower gut is part of a feedback loop in regards to our self identity and creativity. The area comprises the navel and sacral chakras, and any emotional or mental burden can have a significant influence for some people. This feedback interconnects with the throat and the head which in turn can reflect the same burden as headaches. But again, it's only one possible piece of the puzzle.

Recurring headaches and migraines for some people is a way of life. Energetically, red, inflamed energy displayed in the area of the head is a common indicator of headaches. Sometimes the energy covers the crown of the head and sometimes it's isolated in one hemisphere, or the side of the face.

Similar patterns however, can also reflect other issues such as bipolar disorder on the mental plane, or rosacea, sinus or dental problems in the physical. So other clues and indicators need to be considered. Although the pain of a headache can make it feel like your brain is going to explode, there are actually no pain generating tissues within the brain itself. That means that something outside of the brain is transmitting a signal that something has gone wrong or is under stress.

According to medical intuitive Carol Ritberger Ph.D., headaches represent tension between the right and left hemispheres of the brain. They most often occur when there is confusion in the decision making process. Headaches alert us that we have energetic tension occurring between what our head is telling us to do and what our heart wants us to do. Energetically headaches act as distractions or a way of escaping from making decisions until we can find resolution between head and heart. They act as blocks so we will take the time to evaluate information and untie the mental knots.¹ To some extent I believe this is true, but it's certainly not the whole story. Headaches often develop as a result of psychological and emotional overload, but again there can be many reasons when dealing with recurring pain, including choice of the experience.

Diagnosing any ailment is fraught with danger as the human journey is vastly more complex than we can ever imagine. We all need to take a holistic approach to any imbalance. The treatment for any condition you care to name, may include surgery, dietary supplementation, life long drug therapy, and more. However, if you dig down and explore the possible causes or aggravating factors for any condition, there is the potential for relief. The release of mental and emotional burden along with self forgiveness and accepting the reasons why, are all part of the healing process.

1. https://www.ritberger.com/Your_Health_Headaches_a/304.htm



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