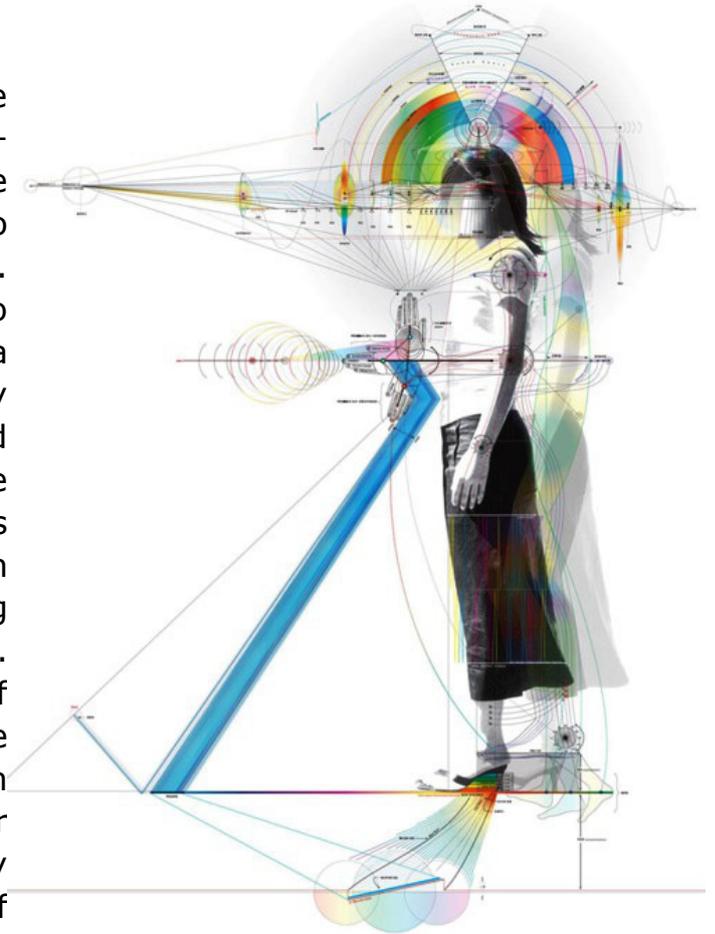


"Human nature is complex. Even if we do have inclinations toward violence, we also have inclination to empathy, to cooperation, to self-control."

Steven Arthur Pinker; Canadian-American cognitive psychologist, linguist, and popular science author.

Just how complex are we?

I know I've said it many times, but we are indeed very complex multi-dimensional energy beings. Within the visible light spectrum we get to recognise each others physical forms. Our thoughts and emotions are also energy that can be observed in a number of different ways. Pick up any book on energy healing or similar, and it's likely you will read how we are made up of energy levels. Seven levels are the most commonly described, each with a name and description depending on the interpretation of their function. And we have all seen the images of human energy fields depicted in those same books. They give the impression we all wander around cocooned in our own bubbles of energy created by multiple layers, like some sort of energetic onion. I guess that's fair enough as it is not an easy concept to describe.



But I wonder if we can broaden our thinking just a little. From our understanding there is no set pattern for every human being. The first thing I'd like to do is junk the word "level", as it gives the impression of one above or below the other. It would be more appropriate to refer to the different frequencies making up our existence as vibratory states or aspects. Our existence then, can actually be made up from 5 to 22 aspects or states of vibration. Rather than levels, with the concept of the further out from the body you go the higher the vibration; consider each frequency or vibration interpenetrates the entire body or entire human energy field and every cell in turn.

So what are these aspects or states of vibration?

Physical: that frequency we can perceive with our five senses, and is determined by our DNA.

Emotional: a changing vibration that reflects how close we feel to being part of the whole or nirvana, as Jill Bolte Taylor describes it in her video, [My Stroke of Insight?](#)

Mental: our thought processes and inner dialogue.

Spatial: sometimes referred to as our blueprint, this is our life path mapped out to the extent of significant experiences we want to achieve.

Spiritual: the connection to our true Self, which may be experiencing other experiences at the same time.

Cosmic: this frequency connects us to all the Earth energies around us.

Soma: is a vibration allowing connection to higher spiritual realms.

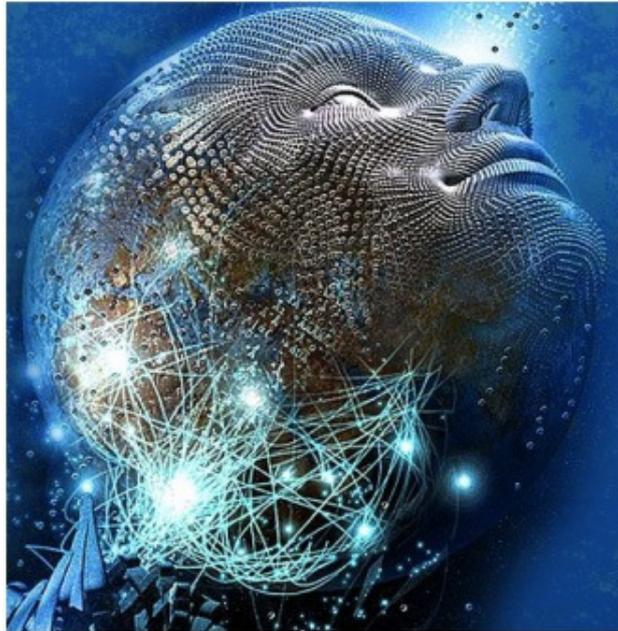
Beyond these seven are further aspects up to 22 that quite frankly, hurts my head to think about. Each of these aspects are interconnected by our DNA which consists of between 2 to 14 strands, with 12 being the most prevalent at this point in time. Some of our DNA can be described, measured and even manipulated by science, while some can not. So we can be quite complex, existing as 22 vibratory states interconnected by 14 strands of DNA. But then again, some beings choose to exist with just 5 aspects and whatever strands of DNA is appropriate. Does that make them less advanced? No...it is simply their choice in how they want to experience their current life.

But let's take it even further. I'd like to suggest that your energy field does not actually begin or end anywhere. Yes it may look like we are cocooned by energy to those that can perceive such frequencies, but they are only perceiving a particular range. Consider that You as energy, flow and meld with all other energies on multiple dimensions with no real boundary. If you could dissect a portion of your energy field at any point away from your physical form, you would see all the vibrations that make up your existence. But now we're getting into that "whole of the part and part of the whole" concept which would take us off track.

The question is then. Why don't we simply dissolve into a soup of mind boggling frequencies, never to be seen again?

Because our 2 to 14 strands of DNA distinguish us, or our energies, with a unique vibration. A vibration that identifies us from all others, allowing us to identify and communicate across the void to someone on the other side of the planet, and indeed some other dimension.

It's our DNA that gives us our individual and unique make-up. Not only does it determine our features, it records all our experiences and knowledge from all our different existences. When we leave this life we take our DNA record with us, with all its retained knowledge ready for the next experience.



The other question is. How is it that energy from other beings do not override us?

Because at the core of our existence is an energetic mesh or grid, designed to protect us; to maintain our core essence. Energies do indeed interact with us and influence us, but the essence of who we are is protected. Some individuals have very fine weaved mesh and some have a more open pattern which can make them a little more vulnerable. Trauma can reduce the effectiveness of of the grid.

This protective grid is just out from the physical body and is very difficult to penetrate. However, some energies do attach themselves for whatever reason and sometimes do penetrate the grid. Your flow of energy beyond or away from this protective grid can and does get adversely affected by other energy beings. Again, we do have some inbuilt immunity and the actual effect will depend on an individuals vibration. Even though you may not necessarily believe that such energies exist, it does not mean you are immune.

Apart from other energy beings, you can see how artificial energy frequencies such as those from mobile phones could have quite an impact on our energy. And I'm not just talking about the phone pressed up against your ear. If we accept that we are part of the whole, and our energy is melding with that of the planet, then we can be affected by what is happening on the other side of the world. Scary thought isn't it? Gives a whole new perspective to, "we are one."



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