

"Begin challenging your own assumptions. Your assumptions are your windows on the world. Scrub them off every once in awhile, or the light won't come in." Alan Alda; american actor, director, screenwriter, comedian, and author.

Belief in ET Interference

It's not uncommon for us to be contacted by a person who is convinced they are being impacted by other races, from other planets. Although it is indeed possible for this to occur, much of the time there are other explanations. And I recognise that some people will be reading this with an incredulous eyebrow, well and truly raised. Believe it or not, we have encountered it. Anyway...there may well be external forces at play in the form of inter-dimensional interference but in our opinion extra-terrestrial manipulation is not as common as some people like to believe.

The following is a small excerpt from contact information sent to us by a person we will call Alex. It has been redacted as I do not want to identify anyone.

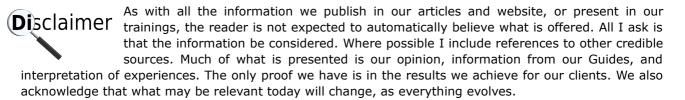
"My case is a bit complex, I don't know if you have heard about "alien xxxx xxxx". Its a situation in which certain races orchest a falling in love with feelings and emotion out of the ordinary, to feed from the sexual and loving energy created. Well, I had that, very strong, with a person who is a channel or portal of alien energies (and not good ones). My experiencie was so strong I had a psychotic breakdown one year ago, in which I beleive I was possesed by those energies... For that on, I have been in a very bad situation... totally drained, bedridden, and also, with much despair, with much suffering... I have tried different healings of entity removal but they havent worked... I know what I have is very strong, and it has to do with very dark races."

Our response: "We have reviewed your situation and do not find any indicators for interference from extra-terrestrials. We suspect an event/experience in your early childhood years has had a significant lifelong impact on you, leading to lost identity and a lot of shame. The psychotic episode in your life was a flash point where you became overwhelmed by both mental and emotional imbalances. Some interference would have taken advantage of that and even aggravated your condition, but I do not believe they were the direct cause. There are no indicators to suggest the person you describe is, or was, a channel for alien energies. Narcissistic and manipulative personality would be a better description, along with their own attached entities...but not a channel or portal. The reason past clearing of entities has failed is because the mental and emotional imbalances have not been addressed. Such imbalances allows entities/interference to attach. One last point; external forces are not manipulating you to fall in love. Your biased/unbalanced view of people and love, leads you toward dis-empowering choices and direction in life."



The fact that a person has tried every healing modality under the sun to rid themselves of perceived entities, is a red flag for us. Convincing a person to consider an alternate explanation can be very challenging. Their belief in what is affecting them is likely to be well entrenched. One of the reasons is the plethora of disinformation on the web, and therapists who openly extra-terrestrial promote the extreme view of interference, purely to drive a fear based business. Again I have to say that it is possible, and does occur, as we have discovered with clients. However, to manipulate half truths, promote fear, and post a ridiculous check-list for self diagnosis is not helpful. Clients such as Alex, usually approach us armed with all the information from such misguided websites/therapists, expecting us to treat their situation accordingly. In these cases, before anything can be achieved, cult deprogramming needs to be completed. Fundamentally...changing beliefs.

So what can we learn from such frustrations? Firstly, we need to keep an open mind and acknowledge we do interact with many invisible forces, even though we may not fully understand them. We all need to consider our beliefs as they can be very powerful. Our beliefs can limit us in very debilitating ways, or they can project us toward limitless potential.



It is the readers and/or clients responsibility to do their own research and seek professional medical advice in every instance. Any individual who has a specific health problem or is taking medications must first seek advice from his or her personal physician or health care provider before making any changes to their treatment. Do not cease any medication without medical advice. This information or any associated text is not designed as a substitute for any form of medical treatment or advice.