



*A human being is a being who is constantly 'under construction,' but also, in a parallel fashion, always in a state of constant destruction.*

José de Sousa Saramago (1922 – 2010), was a Portuguese writer and recipient of the 1998 Nobel Prize in Literature.

## **Tales from the far side:**

### **A parallel existence and vanishing medication.**

As our regular readers will know, Chris and I are often presented with some unusual, often bizarre cases, in our work. And from the feedback we receive there is definitely an interest in this type of work. The challenge for me in describing our exploits, is in keeping it real, making it entertaining, and hopefully educational at the same time. I also have to protect the identity of any individual involved, and we always seek permission to recount any details. At this point I would like to remind the reader, that I do not expect you to believe anything I describe here, just consider it. All information offered is subject to our own understandings, experiences and interpretations.



In our work with clients, we routinely go back to past events to explore and release any emotions that may have been locked into their energy systems. There's nothing unusual about that, and many different modalities achieve the same with different techniques. Once we have explored the event and the emotions involved, we commonly ask if a belief was formed or a decision was made in regards to the experience. Sometimes limiting decisions or beliefs are created as a consequence of an experience, and they have the potential to grow over time. Even decisions that we may consider inconsequential or even empowering at the time, can grow throughout a life's journey, to become very debilitating.

These limiting decisions and beliefs can affect our relationship with others, our view on abundance, our attitude toward the opposite sex, and the list goes on. I could offer many examples, but I'm sure you know what I mean. What I want to describe is how traumatic experiences not only have the potential to create limiting thoughts, they can create separate aspects of the individual. I've just realised how big a topic this is, and this is just the introduction...hopefully you can follow my crazy reasoning.

Most commonly, separate aspects of an individual are created in childhood as a consequence of some experience. It does not necessarily have to be a violent experience, although this is a common precursor. It's really dependant on the make-up of the individual and their interpretations of the event/s. In very extreme cases, the person may actually be diagnosed with dissociative identity disorder or what is commonly referred to as multiple personality disorder.

This in itself is a huge topic and I think I've touched on it before in a previous articles. From our perspective, when we talk about an "aspect", we are describing a "seed of consciousness", initiated by the interpretation of an experience. Depending on the individual situation, this seed of consciousness will express a level of intelligence. Over time this seed can grow into some form of interference. Aspects of an individual can also be part of their basic make-up as we are complex multi-dimensional beings. Whenever we have challenges in helping a client to move forward in changing their life journey, we will look for some aspect of the individual that may be blocking the changes. As I have described previously, these separate aspects may be self created, or they may be intrinsic to the client's make-up. Either way, it's possible to communicate with them to determine what they need and how we may accommodate those needs for the benefit of the client.

I'm not sure if this is making any sense. I guess what I'm trying to say is that, depending on the level of consciousness or intelligence, we have a number of options in dealing with differing aspects. We can treat them as inter-dimensional interferences in the appropriate way. We can release their trauma and integrate them back into the whole being, or we can actually release them to grow and evolve in there own right. There are always other options and it's all dependant on the individual circumstances.

So in summary, separate aspects of an individual may be self-created as a result of an experience in life. They can also be intrinsic to the make-up of an individual and have an overriding influence, with the intent of ensuring an experience or milestone in life is fully explored. Hence, the blocking of changes until that milestone is reached. These aspects do not have a separate life journey, although given the right circumstances, they may be released to create their own future. These aspects are not to be confused with the concept of an individual spirit experiencing more than one life concurrently, which we have also described in previous articles.



*Parallel Lives: Jenny Sages portrait, Heidi & Sarah-Jane ( Parallel Lives); Archibald Prize finalist 2009.*

## **So where are we heading with this?**

Having described "aspects" from one point of view, let's now look at parallel aspects or existences. Some time ago, we were contacted by a woman living in one of the American states bordering Canada. For the sake of anonymity, we will name this woman Bobbie. Bobbie is 43 and lives with her partner in a small home, on the outskirts of town, with no visiting family members or friends. Bobbie contacted us requesting help because important items were continually disappearing, stolen or lost from their home, without any plausible explanation. Bobbie was adamant that it was neither her or her partner causing the disappearances. And considering they never have visitors and nobody has access to their home, human intervention was ruled out. They had paid for the services of a number of psychics and various practitioners to find the cause of the phenomenon only to be disappointed, time and again. They had been given many explanations for the disappearances including pesky elementals from the woods nearby, and attempted numerous remedies without success.

What was disappearing you ask? It was important and costly pain medication for both Bobbie and her partner. Between them, they were suffering from debilitating pain from spinal injuries, fibromyalgia and carpal tunnel syndrome. For some unexplained reason, their prescribed medication had been disappearing over the last two years. Initially it was just Bobbie's and then it escalated to include her partner's. Naturally they were very frustrated and contacted us to see if we could help.

After some rather disjointed communication via email, we agreed to investigate the situation to determine what may be the cause. It should be noted that initially we were not told what was disappearing, and it was only when we completed our preliminary investigation that Chris concluded it was some form of medication. This was later confirmed by Bobbie. When I first realised that medication was involved, and having noted what seemed to be some hesitation describing what was disappearing, I thought that possibly we were dealing with medication for mental illness. This would explain the reluctance on Bobbie's part, in not wanting to give the impression of being mentally unbalanced. However, my assumption was incorrect and it was all about controlling pain as previously described.

So what did we find? Our initial investigation suggested that the spirit of Bobbie was experiencing a parallel existence or life journey. This was a parallel but different life, with it's own life path and connection to a higher self. In that journey, the being was not needing medication for pain. We actually described the life as one of a sorceress with some significant abilities. These abilities allowed the being to cross dimensions of time and space to take and even moderate the quantity of medication in Bobbie's control. This alternate life did not believe that lifelong medication was needed. Of course this raises a number of questions such as who is in control and what about respecting free will? It was also suggested that it would have been possible for both Bobbie and her partner to cease all medication in a very short time. To be honest, I'm not sure who was offering that input, and when we consider the level of pain and disability involved in this case, to achieve total healing would be nothing short of a miracle. Although miracles are indeed possible, it does require strong faith and belief. Bobbie and her partner simply wanted to be left alone and in control of their own destiny, even if medication was needed to accomplish the most basic of life's task. So we decided healing was not to be an option, but perhaps we could help in having Bobbie's free will respected.



We agreed to completing a session with the intent of communicating with Bobbie's alternate self and resolving the problem of the disappearing medication. There were a number of inter-dimensional interferences that attempted to disrupt the session from the beginning and we dealt with them in the appropriate way, which is common in many sessions. Once we cleared the interferences we took a closer look at what was occurring and discovered our initial observations were not completely accurate. The following paragraph is the description I emailed to Bobbie.

*We suggest that Bobbie has experienced trauma in her life and perhaps past lives, and there seems to be a tendency for her to create parallel existences as a form of escape. We believe that a number of parallel existences have been created over time, with the exact number unknown. These existences are different from the separate "aspects" created by a client we commonly deal with. These existences are not separate journeys as we initially thought and when Bobbie ceases to exist, so will they. A portion of Bobbie's spiritual essence has gone into creating these other existences, so in fact the spirit of Bobbie is in control.*

*No reasoning or explanation of consequences when discussing free will, received any positive response. In the end we asked for permission and help from the higher realms for the spiritual essence of Bobbie to be returned to the true being of Bobbie, and all other energies of the created existences to be returned to the Universal Source. Before doing this we did get consent from the true spirit of Bobbie. This was in the form of breaking all agreements, including agreements of entrapment, and all other contracts. This action may or may not resolve the problem of the disappearing medication, as in the end it is at the discretion of Bobbie's spirit. I appreciate that on the conscious level you expect and want it to stop, but we are all complex multidimensional beings operating on many different levels to achieve the experiences we want in life. It is indeed a complex case and these understandings are subject to our own experiences and perceptions. Unfortunately, there is nothing else we can offer you at this point in time. To take any further significant action would require many sessions for both Xyyyy and Bobbie with no guarantee of success.*

So it seems that Bobbie was really the sorceress with abilities and was creating alternate realms or dimensions for escape. Somewhere along the journey, through their intimate relationship in life, her partner Xyyyy had given consent to participate in the disappearing medication. The following is the feedback we received from Bobbie.

*You are correct about the trauma in this life for sure. My parents were abusive, as were the men I chose to hook up with, including my Ex and mostly all of my boyfriends. So I learned very early on to "go elsewhere" in my mind during beatings or whatever. Even my "friends" (guys and girls) tended to use me. Xyyyy is the exception. He's a good guy, and I have no idea how or why I got "lucky" that he chose to be with me. Especially when we met. He said that under all the layers of bullshit he saw the good in me. I'm different, now, but there was a time when I had little redeeming value as a human being; except that I always was kind to animals and tried to do right by the people I thought liked me. Sorry, that sounds pathetic. I am a way better person, now; but I still have trust issues and other lingering problems. For instance, my back damage (my Dr. says) started from abuse as a child, was made worse by abuse as an adult and the physical jobs I did, and was really affected by me being thrown down a flight of stairs onto a concrete floor.*

*Because I had no health insurance and was embarrassed and felt that it was all my fault, I never received any medical care until 10 or so years after the fact, when I couldn't move without pain. That's just one example, I won't go into others; it's depressing me just to think about parts of my past. Because I had survived so much trauma, abuse, cancer, head tumours leading to permanent hearing loss on my left side, pain issues, and other medical problems; I had believed that the Universe (or God, or whatever) had some great plan for me. If so, I don't see it. If sharing my case can help you in your work, or someone else with a similar situation; please, by all means, do!*

It's been some time since we have heard from Bobbie, and can only assume that all is well, in regards to the disappearing medication. This tale from the far side is a great example of just how complex a human existence can be, and there's not much else I can say on this topic. I'll leave it for your consideration.

## Disclaimer

As with all the information we publish in our articles and website, or present in our trainings, the reader is not expected to automatically believe what is offered. All I ask is that the information be considered. Where possible I include references to other credible sources. Much of what is presented is our opinion, information from our Guides, and interpretation of experiences. The only proof we have is in the results we achieve for our clients. We also acknowledge that what may be relevant today will change, as everything evolves.

It is the readers and/or clients responsibility to do their own research and seek professional medical advice in every instance. Any individual who has a specific health problem or is taking medications must first seek advice from his or her personal physician or health care provider before making any changes to their treatment. Do not cease any medication without medical advice. This information or any associated text is not designed as a substitute for any form of medical treatment or advice.