



*"Nightmares exist outside of logic, and there's little fun to be had in explanations; they're antithetical to the poetry of fear."*

*Stephen King*

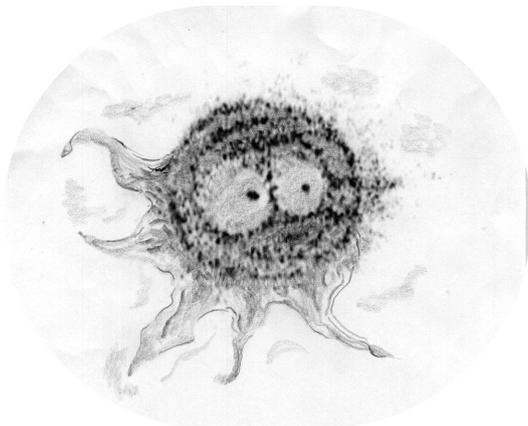
### **Parasitic Gut Entities**

In my very early days of this crazy business, before Chris became involved, the universe sent me many interesting cases in regards to various forms of "entities". The following is an account of one such case, as honestly and accurately as my perceptions will allow.

A twenty-seven year old man was referred to me by a crystal therapist. The man was at his wits end when I spoke to him over the phone and practically begging for help. Just about every night since he was a small boy he had suffered from nightmares, while most recently he had been waking to the feeling that something was trying to strangle him. Out of desperation he had taken the day off work and asked his wife to find him some help. When asked if I could offer that help, I honestly replied that I did not know, but agreed to meet him and explore the situation. The feeling I got after speaking to the guy made me uneasy, and not wanting to take any chances I called in every guide and helper to my aide. He and his wife were at my office in less than an hour of our phone conversation. For a young man he was looking very unhealthy and overweight. I listened to his story and noted that his energy field was almost non-existent. It looked as though he was cut off from the universal source, so the first thing I did was instruct him how to connect to the Universal energy field and then ground to Mother Earth.

With that done, I ushered him to the next room and onto the healing table while his wife looked on. I had a little laugh to myself when I noticed his feet. They were short and wide like Hobbit feet, with each big toe protruding quite a distance out from the line of toes. I didn't think any more of this and continued with the session. (I need to explain here, that in those early days, I often got a glimpse into the past life of a client by tuning into the feet. And no, I don't have a foot fetish. It just seems to be one of those quirky things. I guess it's due to the earth connection that sometimes remains from a past life, and it's not uncommon to carry-over physical characteristics.)

It wasn't long before I perceived my client had experienced some significant emotional event when he was a boy. When I asked if he had a happy childhood, he evaded the question and I did not push him to answer. A few moments later I felt that he had been having problems with his digestive tract. With my hand on his rotund belly, I asked if he was experiencing problems there. The answer was a little confusing. His doctor thought he may have stomach ulcers, and then decided he didn't, and again was not sure. I don't know if he had any medical tests, but what he was telling me did not make a lot of sense. I persevered and after a few minutes saw the problem.



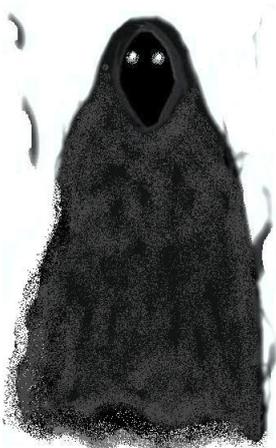
*My sketch of the entity in the abdomen.*

There was a rather large entity in his lower abdomen looking back at me. No wonder he was having digestive problems. Between an unhealthy diet, childhood trauma and gremlins in the gut, it would make anyone sick. As his wife was watching from the doorway I surreptitiously moved to block her view and removed the offending entity. (You do get a bit self conscious, waving your hands around dealing with matter no one else can see.) This entity was the same type I had dealt with before in other cases. Just to finish off I requested to be shown any past life that may have a link to this poor chap's predicament.

What I immediately perceived was a Quasimodo type character cooking up a potion, and I felt that he was a helper to someone practising the black arts during the dark ages. If he had carried something over from a past life it could cause him to be vulnerable to entities. However it occurred, I felt that a sort of portal or doorway had been opened, and entities were using him to their advantage; coming and going as they pleased. In particular, when he reached a certain sleep state, these entities were having free reign...hence the frightening sensations at night.



*Quasimodo is a character in the novel Hunchback of Notre-Dame (1831) by V. Hugo.*



*My sketch of shadowed visitor.*

Having completed the session, my client did not feel any different, but I was sure he was on the path to a good night's sleep. While I was explaining to the couple that I had simply removed an energy blockage from the gut, another shadowed, entity made itself known to me in the room. This was a being I had dealt with before and is commonly present when dealing with parasitic entities. With an almost automatic action, I waved it away in a very arrogant manner. At the same instant I thought to myself, "I'm going to regret that." I don't know what the couple thought, but considering they had just spent thirty minutes watching me walk around the table talking to nobody in particular, that last action was probably inconsequential.

With that done I sent them home reminding the husband of his energy grounding exercise and to phone me the next day. He did phone me and reported that he experienced the best night's sleep he has had in years. I was pleased for him and suggested that he really needed to see me the next day so I could do a final check. I believed that some trauma as a boy had opened the door to this entity and I wanted to make sure there was nothing left behind, as well as close the door for good. I suggested that his wife should also come along and I would explain what we discovered. During our brief phone conversation he confided in me that he had indeed experienced some emotional trauma as a boy, but did not want his wife to know. I said I understood and left it at that.

On the day both had agreed to return, my client's wife phoned me to change the appointment. We had a long conversation and I explained that what I removed from her husband was a type of parasite, but I did not elaborate any more than that. I went on to say that there are a number of reasons why a person can be infected by such energetic parasites, including drug abuse. In her husband's case I believed that it was caused by childhood trauma. This prompted her to fill in some of the gaps. She knew that her husband had an unhappy childhood and that he went through a period of heavy dope smoking to ease the emotional pain. Everything was fitting together. The poor chap had the trifecta; an unhappy childhood, past life carry-over, and drug use.

It was two days later that I had a follow-up session with the young guy on his own. He was extremely happy and his energy field looked much healthier. He cheerfully described how he was now having pleasant, "normal" dreams. I wanted to check that all had been removed so I put him straight onto the table. Sure enough there was another entity there waiting to be released. It looked like a giant tadpole and I assumed that it was an immature offspring. The instant I moved in to release it, the creature went straight to my hands eager to be on its way. I believe that separation from the mature entity and having my client reconnect to the universal source made it a little uncomfortable. *The image on the right is my sketch of an energetic, gut parasite. It is deliberately out of focus to portray how I perceive it.*



I should have realised the appearance of the shadowed visitor which I waved away during the first session was a good indication that something had been left behind. A combination of past life carry-over and childhood trauma, compounded by pot smoking, created the environment for my client to be treated like a revolving door. The second session lasted all of thirty minutes and I was satisfied the door was now closed. It was up to the client to do his part to improve his health on all levels. Before he left I impressed upon him the need to improve his physical health and to employ the grounding exercise on a daily basis. I explained that it would improve his immunity against further parasitic attack.

That particular case goes back almost ten years. I have since recognised that anyone can be susceptible to such parasites, and there are many causative factors. Chronic stress; anxiety; irritable bowel; ulcers; anything stemming from unresolved emotional experiences and/or self identity issues affecting the gut. Then there are more physical aspects such as gut surgery; food intolerances; physical parasites; medication; etc., all affecting the energy centres in the lower abdomen. Once the energy centres in this area are compromised, there is a reduction in immunity allowing the ingress of energetic parasites. From experience, the greater the turmoil in this area of the gut, the more these parasites like it. When I'm perceiving this type of turmoil, it looks very much like a swampy, putrid, pit. Just as numerous physical parasites have a life cycle where reinfection and transmission can occur, so do the energetic parasites described in this article. There is a life cycle at play, and further to that, these energetic parasites will attempt to enhance the turmoil in the gut. So then, you often find a symbiotic relationship between the gut disturbance and emotional imbalances being deliberately aggravated.

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