

What is inter-dimensional interference?

The term "New Age" describes a movement in western culture to explore spiritual matters without the constraints of any set religious doctrine. Although it contains many of the same elements found throughout different religions, it is not an actual religion in itself. It is more of a conglomeration of many peoples beliefs. From this conglomeration of beliefs we have been fed a diet of spirit guides, gate keepers, ascended masters, angels, crystals, channeling and a myriad of healing modalities all shining brightly in the White Light of protection. The question is...protection from what? Whose beliefs are they really? We are told so much about the positive aspects of being "in the Light" but very few are prepared to explain the flip side. And there is a flip side. It's a Universal Law that everything has a polar opposite...everything must be balanced.

If the "New Age" has confirmed anything, it's that we are multi-dimensional energy beings and we actually interact with many other life forces beyond our narrow perception of reality. Some of these life forces may be benevolent and some others may not. In fact I know some of them definitely are not. In polite circles these "other forces" are often referred to as misguided energy, but more commonly they are labeled as entities. They are not often spoken about, but they do exist. As far as naming is concerned I feel the term "interference" is a better description because we are influenced in so many ways and entities are simply one aspect. The interesting thing is, much of the interference experienced in our life we create through our thoughts and language. We also create entities in the same process while others come from elsewhere.

Who or what are these entities? That's open to debate. Some people will give you very specific names and descriptions, but most everyone you speak to will have a different view depending on their perceptions based on beliefs and culture. Misguided energy, negative energies, lost souls, discarnate spirits, earth-bound spirits, greys, reptilians, draconians, winged serpents, extraterrestrials, goblins, sprites, and aliens are all regularly referred to as nasty interfering entities. Different cultures of course have their own names and descriptions. The Ngangkari, traditional aboriginal healers from Central Australia, refer to a bad spirit as Mamu. The fact is that all those listed here (and more) do exist at some level and all can cause interference depending on your point of view. Even your Spirit Guides can be classed as interference if they try to come through at an inappropriate time or when it is not of your choosing. In reality, at least from my experiences, there is no one race, entity, energy being, or spirit that can be automatically classed as an interfering entity. Just like human beings, for every one that attempts to cause mayhem or mischief, there is a balancing opposite that is willing to help us if we just open our minds.

So what do we mean by interference? Interference could be described as any influence that limits, distorts or openly disrupts the life experience or behaviour of a being. This is regardless of whether or not the being is aware of that interference or believes in the existence of such an influence. Interferences can range from simple limiting beliefs to malevolent inter-dimensional beings, or from self created forms to negative energy projected from others. In the end every thing is energy and much of what influences or interferes with us is the consequence of our own actions.

Originating from a universal source, our spirit condenses into a physical body in stages. From the subtlest form which is consciousness itself, it begins to slow down its vibration, becoming slower and progressively denser until it appears as the physical body. There are, therefore, several levels or dimensions to our existence. Flowing within the boundaries of our energy body is energy-in-motion or what is commonly referred to as e-motion. Every thing is energy, from what we can see with our eyes right down to our thoughts. When someone gives us a certain look, or says something to us, we receive that as a form of energy. We process that energy depending on our preconditioning and the meaning we ascribe to it. If we handled all kinds of energy well, it would enter our system, flow through and then out. We would therefore remain in a state of "balance". The problem is that we don't always handle this incoming energy well and it gets trapped on multiple levels. Remember we are multidimensional energy beings.

That energy blockage or disruption gets attached to the thought or experience of a particular event in time. We also commonly create limiting beliefs based on those experiences. Now every time you think that thought, it tunes you in to that energy disruption again, and all the physiological and emotional reactors are triggered whether you like it or not. But there's more! If you have an emotion trapped in your body you will naturally attract more of that emotion or vibration to you. Wherever a trapped emotion lodges itself, the surrounding body tissues tend to fall into resonance with its vibrational energy. Until that trapped emotion is released, you will continue to be influenced by it. This then, meets our definition of interference. The more trapped emotions you have, the more negative energy you are radiating. This is why positive thinking and self help programs are not always successful, and the Law of Attraction may not be working in the way you like. Having trapped anger in the body for example, a person will attract energies or entities of similar vibration. We like to get all melodramatic and blame the nasty entity for causing the violent outburst when in reality it is a symbiotic process. There are occasions when opportunistic entities will attach to a person during times of trauma or other events and thus cause a change in character or have a debilitating effect on a person, but in general they are not always the direct cause. They simply add fuel to the fire.

Back to trapped emotions. What is often not realised is that these emotions crystallise in the body to become the cause to a number of effects. One effect is the creation of a disease. (No prize for guessing that one.) Another effect is the creation of a separate entity in its own dimension. We feed so much energy into a limiting emotion or belief that the crystal structure grows to eventually become a life form of its own, and it will resist any attempt to remove it. I have witnessed this many times while working in the modality of Energy Healing. It is not uncommon to identify energy blockages in the body and see it shift just at the moment you move in to release it. How long it has been trapped in your energy fields, and how much energy you feed it, will determine how much it interferes with your existence. Beliefs or limiting decisions created during times of stress and trauma are some of the most powerful interferences in our lives.

So, inter-dimensional interference can be caused by our own thought forms, belief systems and life forms that we create. Now consider this. These same influences could have been created by you in a previous life, and not having been released will grow and interfere with your existence, life after life. Add to this, you may also have inherited interferences that have come down the genetic hereditary line of your parents. This is what most people do not realise or commonly accept. A common interference I see on a regular basis comes from the energy projected from others. Violent relationships are classic examples of this. Physically removing a person from the relationship is not enough. That angry energy can stick to an energy field for years and prevent a person from moving ahead...no matter how hard they try. There are many ways to look at this particular scenario, but in the main, there's nothing like anger and violence to create an interfering entity and attract others. It often shows up in a persons energy field like a shadow or silhouette behind them. Poor relationships with parents also show in the same way, and can be just as debilitating.

Along with self-created interferences we also interact with other life forms that we describe as entities. Early experiences in energy healing opened my eyes to these other life forms. On a number of occasions I have dealt with parasitic entities that entered the energy fields of people during times of stress and trauma. Rare occasions and circumstances I always thought...but not so. These parasitic entities will remain in their host as long as favourable conditions prevail and at times they will create disturbances to enhance that environment. Whatever their origin, these entities can have a very negative impact on a person's life. In extreme cases they can operate covertly, seeking to manipulate people into outlooks or behaviour that keep them away from their true path in life. You may believe you are exercising your Free Will, and you are in a way, but whose game are you really playing?

Let's look at the more sensational type of inter-dimensional interference. Let's look at the ET's or aliens with all their different names and descriptions. Conspiracy theorists from around the

world would have us believe that we are being covertly controlled by evil races from other worlds. Like some macabre story from H.G. Wells we are meant to be emotional cattle for consumption, controlled by implants and manipulation of our serotonin levels...all very melodramatic. Be cautious of those expounding such theories as they are not always who they seem. Yes it is possible to experience interference from some other beings...it does happen. But to blanket everything that does not look or act like us as evil, is a very typical, negative human trait.

Other multidimensional beings and inter-galactic travellers do exist. I have interacted with these beings in some form or another from both sides of the fence, and all I can say is that for every one that interferes with a persons existence another is there helping to correct it. And it's worth noting that other inter-dimensional beings can in turn, be subject to interference. This is not just a phenomenon relegated to the human experience.

With respect to ET's and the so called "Greys", it is peoples perceptions of UFO's and abductions that has manifested strong negative sentiments toward what is unknown. I'm not denying the existence of UFO's or the fact that some people have experienced abductions that have left them traumatised. Nor do I doubt the possibility of Governments secreting away knowledge of extraterrestrial contact. The simple fact is that in the majority of cases of such interference, there has been a level of consent. According to the Universal Laws no matter what type of entity it is, it needs your agreement (at some level) to physically interact with you. I have worked with clients who have been part of some dramatic experimentation and believe things are happening against their will, only to find that some agreement has been made. The good news is the agreement can be unmade.

Stop and think about that for a moment. It is a basic rule of the Universe that you must give your permission. Sounds strange I know. Why would anyone invite them in? It's quite possible you made an agreement many lifetimes ago and until you rescind that agreement, it may continue for eternity. There can be many reasons why someone would enter into an agreement. Perhaps it's as simple as restoring an imbalance or simply to have a particular experience. In the main, agreements are often made out of blind ignorance of the consequences. There can also be agreements of entrapment where a being is misled and yes there may be occasions when there is outright unjustifiable interference against all free will but I feel that is a rare occurrence.

Most people are unaware of the presence of non-physical energies or beings that can actively interfere with their energy and emotions, as well as the environment of places such as a house or room. The majority of interference is created by ourselves through our own thoughts and misguided beliefs. Interferences outside ourselves, have in some way, been invited in whether through a past life agreement or simple ignorance. Interference is often the result of an imbalance rather than the direct cause...they are opportunistic.

Do not open doors you can't close. Drugs, violence and alcohol open those doors. And just because you have never used drugs or consumed alcohol don't be fooled into thinking you are immune. Some common situations creating susceptibility for attachment or interference are: Traumatic accident; Surgery with general anaesthesia; Substance abuse (Even a few beers may be enough to open doors); sickness, fever; depression, anxiety, stress; jealousy, attached love, wanting revenge, wanting to control; addictions such as gambling; violence, intimidation, fear; sexual abuse; death in the family, inappropriate attached compassion; non-discerning channeling or naive use of pendulum and ouija board; practising magic; out-of-body experience without appropriate protection.

Stress and trauma reduce our resistance especially in childhood. More subtle openings include free will entrapment. This is through the agreement of initiation or ritual, or to invoke external forces. All one has to do in order to establish contracts of entrapment with other forces is merely wish, desire, demand, or insist and immediately soul personalities or entities that are always close at hand, rush in and complete the agreement of contract. Remember, they can be masters of disguise.

There is just one other area that I want to touch on and that's energy associated with homes and surrounding land. Houses will hold energy be it positive or negative. Whatever occurs within a property will have an effect on it's vibration and that can lead to the manifestation of interference. Another aspect is the affect from a neighbouring portal or vortex. This is a whole subject for discussion within itself, but basically you can be on the receiving end of interference from these phenomena. They are more common than people realise. You don't have to go to Sedona, USA to find one of those. Any such interference can be dealt with. We tend to treat homes and land similar to people and if there is trauma to be released, we do so. Portals and vortexes can be moved or closed but it is not a them and us situation. We need to remember that we are energy beings and sometimes we encroach on other energy beings without realising.

So what can we do? Firstly, everyone has an inbuilt protection that looks like a security grid or mesh surrounding the body at a distance of around 10 centimetres. This grid will vary according to the vibration of each individual. Despite what some practitioners may claim, this grid protection can not be ripped, but it can get blocked and even kinked. The effectiveness of this protection can be compromised by emotional and physical imbalances much like the immune system of the physical body. When immunity is compromised, interferences can get in. So obviously your first line of defence needs you to maintain good health on multiple levels. That means dealing with imbalances that YOU have created.

Another point to remember is that we are multi-dimensional beings and awareness is your best protection. Whether you realise it or not you are interacting with other multi-dimensional beings on a daily basis. Exercise your free will. Be discerning in what you agree to or accept and of the people you interact with. Of course, if you feel you may be suffering from some form of interference, then speak to a practitioner who has experience in these matters. Better still, why not find out if what you are practising puts you at risk? Sorry to burst your bubble but...just forget the whole "white light" nonsense. What the New Ager's don't realise is that "white light" does nothing for protection...that's an outdated human concept. There are some techniques that are reasonably effective at blocking significant interference, but it's not possible to lock out every little pesky piece of energy. If you are healthy and emotionally balanced, minor interferences (not created by you) will pop in and out of of your energy field without penetrating your protective grid. It's just the way it is. In short there is nothing to fear. All interferences that may be affecting you can be released. It is a most fascinating area of work.