

# Red Spirit Energy Healing

## What can we see?

Your energy field reflects your health on multiple levels. Not only your physical, but also your emotional and mental health along with the energy associated with past relationships and genetic hereditary cycles.

The energy from past relationships can remain attached to the energy field and/or corded to the body. They can cause physical pain and be compounded by the recipients own trapped emotions. Relationships from past and present can show up as a shadow or silhouette in the field. This can also reflect a poor relationship to a parent. Inter-dimensional interference can also show in this way.

Possible problems with the liver and/or oesophagus and gut. The intensity of the blockage can indicate the severity of digestive problems.

Energy blockage in the pelvis is common in women. It is a site for trapped emotions affecting the female cycle. In men it can be an indicator of prostate problems especially if red energy is evident.

**Red inflamed energy is reactive energy. It is usually reacting to some form of stress whether emotional or mental. Of course it can also be a sign of wear and tear.**

Red inflamed energy around the joints is an obvious indicator of pain. The cause could be anything from chronic arthritis to acute emotional or financial stress.

**NOTE: Everyone is unique, and the energy flow is different in every person. Sometimes the effect is obvious and sometimes not. These are just some examples of how energy may be perceived. Your energy pattern is as unique as your fingerprint. The number of possible scenarios is infinite.**

MASCULINE (Right Side)

FEMININE (Left Side)

All these energy patterns can exist across a number of levels including spiritual, physical, emotional and mental.

Energy patterns above the crown can indicate a number of problems from fuzzy thinking to chronic fatigue as well as pre and post stages of depression in it's many forms. A blockage in the crown can indicate a significant problem on the mental level. I have seen similar patterns with parkinson's, cerebral palsy and bipolar disorder. Red energy may also be seen.

Headaches, tension and stress are indicated by red inflamed energy. It can be in the physical body or the outer fields. Migraine is often characterised by small sites of intense red energy. Sinus and dental problems also show with this type of energy pattern.

Possible thyroid and thymus stress.

Significant past hurt and emotional pain can sometimes be seen around the heart.

This pattern was evident in an elderly man with a hernia. Brown energy swirls could be seen in the outer field.

Whole portions of the body and field can be affected by poor energy flow. It is possible for the whole body to be separated down the mid-line and each half look totally different.

Occasionally specific organs will be highlighted to indicate a problem or past trauma. The spine is commonly shown when it is out of alignment for example. It must be understood that we are not making a diagnosis through reading energy. There is no point in placing a label on some effect that you may be experiencing. YOU are an energy being governed by **Universal Laws** of energy. Because you are energy, your existence is also affected by other vibrations and dimensions of energy. It's all about balance and flow.

