



*"A problem well defined is a problem half solved."*

Charles F. Kettering (1876-1958) American inventor, engineer, researcher.

## **This place gives me the creeps!**

Have you ever entered a building, room or property, and expressed the feeling of "this place gives me the creeps"? If you have, then you've just recognised the energy or vibe of the place, albeit unconsciously. If you've walked into a room where there has been a recent argument and feel you could "cut the air with a knife", that again is picking up on the vibe, so to speak. And I'm sure you've had the experience of knowing when a close friend or family member is feeling down or angry, before they utter a word. Body language is just part of the story. We all do this on a daily basis and probably don't always recognise it. Women in particular are very good at this, as they tend to be more in tune with subtle, emotional vibrations. It's called women's intuition for a reason.

So where am I heading in this article? Well, this week has been a busy time in requests for house clearing, which presents the challenge of explaining the possible causes of energetic unrest in the family home. We commonly hear people declaring there is a problem with their home, but can't quite work out what. Things just don't feel right, and it's usually the women in the home picking-up on the invisible vibe. Usually, but not always, the man of the house is totally oblivious. There can be many potential influences affecting a home, with a wide variety of phenomena experienced, including the downright jaw dropping. But this article is not about describing the weird or the frightening, as I have covered that in previous writings and in our web pages. I want to describe the most common aspect which is the home owner or tenant themselves.

Whenever we receive an inquiry for a house clearing, our reply is always the same. We must first investigate the situation to determine the possible causes, and this includes looking at every person residing in the home. There are two standard responses in answer to this. It will be either, "why do you need the details of those in the home" or "can't you just clear it...I want it gone?"

From our point of view, it would be totally unethical and unsafe to jump straight in and declare we can clear a property of unpleasant energies. If we acknowledge the advice by Kettering, *a problem well defined is a problem half solved*, then it always pays to investigate the situation as the solution will present itself. Until we investigate, we won't know the cause, of which there can be many. The investigation itself needs to be done with some caution as there are potential risks to us. As we're literally crossing into another dimension to explore all the factors affecting a property, we are interacting with other energies. We're on their turf so to speak, or at least made some form of connection, which can be hazardous if you're not aware.

Trust me when I say, we've learnt this the hard way, but that's a story for another day. When investigating imbalances in a property, what we discover generally falls into three categories.

i) External factors such as portals, past occupation, trauma to the land, ley lines, and such like, all impacting the property and the residents. The residents are impacted but totally sidelined or play no role in the activity. Dealing with such phenomena requires specialised techniques. External factors can also include poor design of a new building or real estate development. In this latter example, we're getting into the realms of feng shui to restore energy flow and balance.

ii) The same external factors and one or all of the residents interacting with those energies, due to choice or some unconscious, personal imbalance. This is where external influences can take advantage of a situation and is commonly experienced when people move house. Quite content in their previous abode, the relocated home owners find themselves affected by a new environment interacting with their own pre-existing imbalance. On further investigation within this category, we may find that one or more of the family members have inherited a sensitivity to energies and occasionally experience phenomena in other localities. Whether the individual needs help or just the property, or both, is always dependant on the specific situation.

iii) There is nothing wrong with the property or home itself, but rests with one or all of the residents. There is a "build-up" of emotional, misguided or negative energy within the home due to the normal, human expression of life. This build-up can be more perceptible where a person is experiencing imbalances such as depression, anger, hormonal changes, or where there are relationship challenges...just to list a few examples. It's possible that a simple smudging will clear the energy build-up in this situation, at least in the short term.

So those are the three main categories that a property clearing could be listed under. From our experience, ii) and iii) are the most usual scenarios we would encounter when requested to clear a property. Most commonly, the home owner will smudge the property with little effect, and then seek further help. In the majority of cases the occupant wants to blame everything outside of themselves. This may have been reinforced by others who describe their own misguided perceptions in regards to the property. "I have a psychic friend who says they have seen a lost soul in the downstairs bedroom," for example. Or a practitioner will come up with some elaborate explanation that sounds plausible, but seem powerless to do anything about it.

Humans being humans, there is always a tendency to look for the strange or unusual, outside of themselves. We need to recognise we are all energy beings and not only do we influence our own environment, there is the potential to influence others. Let me give one example of the human factor. Approached to clear a town house, the owner just wanted the job done, with no investigation. Having smudged the home a number of times, a feeling of unease persisted. Adding to this, a number of minor accidents and physical injuries had been experienced. Parent and adult child had resided in this particular property for only a few months, so it was naturally thought the problem was pre-existing. On investigation we discovered there was definitely low vibrational energy existing in the home, but could not perceive any cause emanating from the property or surrounding land. Chris determined there was a feeling of violence associated with the energy and one occupant held a very low vibrational state.

In discussing our observations with the client, we learnt that the parent had experienced spousal abuse in the past and their adult child was dealing with depression. Compounding this, was some form of inter-dimensional interference that had attached itself, taking advantage of the depressed state of the child. Adding to this mix was the need for paying the rent, meeting the demands of a career, and all the other challenges life can present. This then, created the potential for low vibrational energy to build up in the property. This energy may have also been interacting with the occupants and contributing to the run of bad luck in the form of physical mishaps. This can't be proven and it may well be due to the mindset of those involved, by way of acting without thinking or taking unnecessary risks.

The question needs to be asked, why was the parent only feeling the unease in the new residence? There can be a number of factors involved here. Considering the reasons, the move to a new home may have exacerbated the low state of the child. It's also likely that being in the environment of the previous home and relationship, the presence of the low vibrational energy would have been the norm. Having removed themselves from that situation, the parent had regained some clarity and sensitivity in their life. Hence, the recognition of unease within the new environment. In this particular case, no amount of work on the property would have had any long term benefit, and it's likely that further negative energy would be attracted. The bottom line is that the occupants needed healing sessions to help raise their vibration.

If you enter an environment and you feel uneasy, then get excited. Recognise you have the ability to sense the subtle energies around you. Of course there will be times when the energies are not so subtle, and may invoke a sense of fear. If that's the case then get the hell out of it. But just consider what vibe it is you're picking up, and where, as it could be a valuable tool in your life. If you're meeting someone for the first time, what feeling do you note? Recognising this could be of benefit if you intend to create a relationship, whether business or personal. Understand that you are a multi-dimensional energy being, and you do have the ability to feel the energy of other people and the environment around you. Don't ignore it. Conversely, you also have the ability to energetically affect everyone around you. So if you want to help your family and friends, focus on raising your own state of vibration. This also applies if you yourself seem to be "out of luck". Rather than looking to clear the surrounding environment, consider what inner state you are holding.

## Disclaimer

As with all the information we publish in our articles and website, or present in our trainings, the reader is not expected to automatically believe what is offered. All I ask is that the information be considered. Where possible I include references to other credible sources. Much of what is presented is our opinion, information from our Guides, and interpretation of experiences. The only proof we have is in the results we achieve for our clients. We also acknowledge that what may be relevant today will change, as everything evolves. It is the readers and/or clients responsibility to do their own research and seek professional medical advice in every instance. Any individual who has a specific health problem or is taking medications must first seek advice from his or her personal physician or health care provider before making any changes to their treatment. Do not cease any medication without medical advice. This information or any associated text is not designed as a substitute for any form of medical treatment or advice.