



The only thing that scares me more than space aliens is the idea that there aren't any space aliens. We can't be the best that creation has to offer. I pray we're not all there is. If so, we're in big trouble.

Ellen DeGeneres

Red Spirit Rising: A journey into healing.

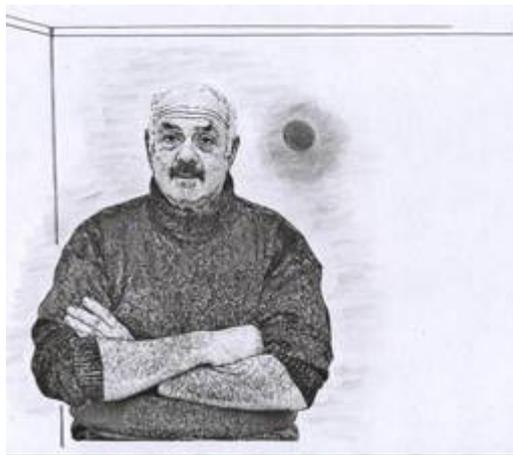
When working with clients and speaking to people about what we do, the common question asked is, how did you get into energy healing? There's no secret around this, and I have spoken publicly about my experiences in the past. But my story is rather bizarre and probably unbelievable to many people, so I have always tended to gloss over the facts when asked. Anyway, the following is an account of what happened, as honestly and accurately as my perceptions will allow, of the time when I stumbled into the modality of energy healing.

But first I need to put things into context. So let me remind you that I started my working career at 19 as an aircraft technician in the RAAF. Some years later I went back to college to study dental technology, and later on in my forties, a diploma in applied clinical nutrition. A very large part of my education has been delivered by doctors of science and medicine, to whom I am truly grateful. Even my training in advanced NLP and hypnotherapy was conducted by a medical doctor, a surgeon in fact. Thus, my education and hence my career, has been very technical and fully referenced by science, so to speak. Not a glimmer of alternative or complementary therapy to be seen anywhere and certainly no experience of UFO's or Extraterrestrials.

That all changed toward the end of 2006 when I met an ex rugby playing, plumber, from New Zealand. The chap had developed a form of energy healing that was particularly effective, and he had the amazing ability to tune into a person and recognise what they were experiencing. It was he who introduced me to another world, that can't be described by medical science. It is a world of multi-dimensional healing. It is a world where contact with other entities is common, and it has completely changed the focus of my life.

At the time I was focused on building a business based on clinical nutrition, and was looking for techniques to help my clients deal with unhealthy eating habits when we crossed paths. We were both participating in some advanced NLP training in Brisbane. I really was ignorant of alternative healing practises, had never heard of energy healing, and thought Reiki was a type of rice wine. At age 48, it must have been the right time for me, as the concept caught my interest in a big way. I wanted to learn more. So, as fate would have it, my plumber friend designed some training modules in his style of Energy Healing and I enrolled for the very first course in December 2006. It was two days of training that turned out to be the most bizarre and confronting two days I had ever experienced in my life.

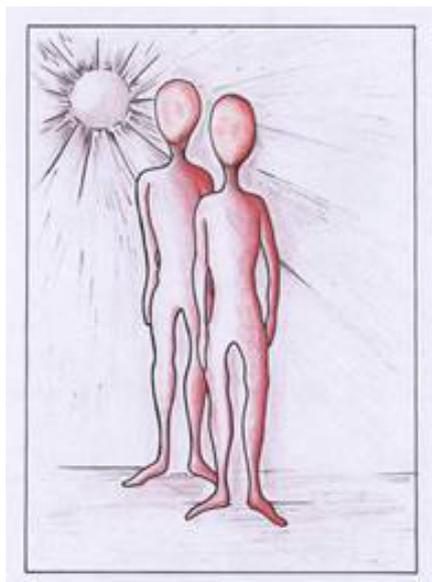
For that first training there were about six participants, including a guy I will call Alistair. We practised a number of exercises and experienced different energy healing techniques. For one particular exercise we had to tune into our teacher and perceive any health issues or old injuries he may have be experiencing. You might call it a practice medical intuitive. Everyone found something according to their perceptions and we received feed-back as to our accuracy. It was just toward the end of this exercise before lunch, that I became transfixed on a dark circle developing just above his left shoulder as he sat in front of the group. I watched as the circle grew bigger and darker, and I described to the others what I was seeing. There was a lot of speculation as to what it could be, but no one really had a convincing answer. This was something different.



Sketched image of portal developing over the left shoulder of our teacher.

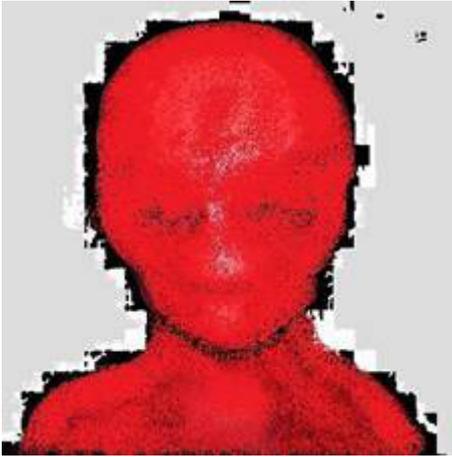
Within a couple of minutes I saw the most bizarre sight of my life. Just as the dark circle reached the size of a dinner plate, a red coloured being slipped out and stood in front of me. It's as if the Universe had just given birth. That dark circle must have been some form of opening or portal to who knows where, because standing in front of me was a red extraterrestrial, and I was gobsmacked. I describe this "being" as ET because it had the classic shape commonly characterised in books and film. It had a large oval head and a long slender body. I was not perceiving a clear picture and although the outline was obvious, the overall detail was fuzzy

or cloudy. I could not see any facial features. It was a little taller than me probably around 175 to 180cm in height and was a bright red. Although I was the only person perceiving this event, everyone knew from my reaction that I had witnessed something and wanted to know what. I refused to answer, and just kept repeating, "it's too weird to be real...you'll think I'm crazy."



Representation of how I perceived the red beings from the portal.

It was decided we should break for lunch and I welcomed the chance to compose myself. At first I thought this being had to be associated with our teacher, but during lunch the red chap followed me everywhere in silence. Eventually, feeling a little more relaxed and becoming curious, I confessed as to what I had witnessed. Although I was the only person who could see this being in its entirety, one of the girls did perceive some red colour and felt it was definitely associated with me. The tall red fellow had a very stern manner and did not seem too amused by my colleague's attempts at humour. There was no communication at this stage. It was all very strange. After lunch it was back to the lessons as if nothing unusual had happened. Yeah, right! Watching red aliens being born...what's unusual about that?



Moving back to the training room I realised that a smaller red ET being, about 130cm in height, was working on Alistair who was seated beside me. I don't know when this smaller being arrived but it appeared to be working on the area around Alistair's heart. Earlier in the day, Alistair had experienced a significant, emotional release, and perhaps was receiving some special attention. Although this being was less than a meter away, I could not make out any discernible features on the face.

While observing this little being so close to me I took the opportunity to mentally ask why only I could see what was going on. The little fellow turned to face me and two large almond shaped eyes appeared bright yellow amidst the red. The eyes looked somewhat crystalline, similar to the reflectors on a bicycle. They were horizontal across the face rather than angled up as commonly depicted in alien caricatures. At that same instant the eyes flashed at me, I was hit with a communication that was very clear and definite. I sort of heard it and felt it at the same time, like a solid knowing that soaked through me. I choose not to recount our short, telepathic conversation in this article, but it did include a rather cryptic warning..."you will experience the same." I wasn't sure what was meant by this, but it was not long before I learnt the meaning.



Crystalline eyes during communication.

It was toward the end of Sunday and the final exercise of the training required three of us combining our skills to work on Alistair. The technique worked well as we each perceived different things and our various strengths complimented each other. At some point our teacher called time and my two colleagues retired to their seats, but I persisted on pushing Alistair. I was completely lost in myself giving advice and pushing Alistair to his limit without realising. Then it happened. An identical episode of what had occurred earlier in the day. Alistair sat bolt upright on the therapy table. I have never seen anyone move so quickly in such a way. It was like watching a scene from some old horror movie, where the corpse sits up as if powered by an invisible spring. He abused me for being so pushy and opinionated. He was very, very, angry and I was shocked. Receiving abuse is one thing, but when you're in a highly, energy charged room, the vibration is amplified and it cut through me like a knife.

Our teacher talked Alistair through this second outburst and we eventually retired, or should I say retreated for the day...thank God. It's a little difficult to explain, but in those few minutes I experienced a multitude of emotions. It was like being at the epicentre of an explosion where everything is ripped off, including your clothing...just stark naked. My ego was smashed and my heart was broken. I was embarrassed, hurt and angry all at the same time. I felt like I had been stripped bare emotionally, mentally and physically. I learnt many lessons in those few minutes and a lot of old emotional stuff I was hanging onto just simply vaporised in the blast. This is probably what Alistair experienced when he had an angry outburst earlier in the day.

I once said it took me a week to recover, but looking back I would say it was more like months. I was totally exhausted for days while my ego was bruised and battered. Deep down I knew I needed this to happen but it was tough going for a while. The end result of my experience however, was tremendously positive in a number of ways.

My tall red alien friend remained with me after that weekend and I was left with the ability to perceive energy flow within the human biofield. And at times, I also perceive the actual organs of the body. As I practised energy healing on anyone who would sit still long enough, my red helpers would often be there lending a hand. In particular I remember a couple of sessions with different clients who were having thyroid problems. In each case I was standing by their feet when I looked up to see three red fingers wrapped around the client's throat. I suppose I was a little uneasy at times because I felt I was not in control of the situation...as if I ever was? My red helpers seemed to make no attempt at communication which was frustrating, especially when I knew they were quite capable from the first time we met. The outcome for my clients however, was and still is, always positive. So I decided that they surely know more than me and to just accept the process. I changed my business focus from clinical nutrition to energy healing and registered the business name *Red Spirit Energy Healing*, throwing myself into the study of anything I could find in relation to the modality.

For the next twelve months I searched high and low for any references to red alien beings, without success. Despite the positive outcomes of subsequent healing sessions, I was becoming quite frustrated with the lack of communication. I knew all too well that my red companions were quite capable of succinct communication. Then one evening when I was pondering the possibilities, I perceived two red ET's standing in front of me. Of differing heights they were easily recognised by their smooth shape and red colouring. As I tuned into them they suddenly peeled off what was obviously some form of suit or covering to reveal bare bodies. Their eyes were much smaller than represented by the large oval shape in their outer covering and the body colour was chameleon like, with some areas of rough texture. They had large heads in comparison to their bodies and did not look like what are commonly described as Greys. There was still no obvious communication that I was aware of, and this was a once only revealing. I must add here, that I have never felt afraid or threatened at any time during these early experiences.

So that's how I began my journey into energy healing some eleven years ago. And although it has not been an easy journey, it has been a fascinating one. I continued to work with these red beings for a couple of years and have eventually been replaced with other inter-dimensional entities of different forms. Today, (November 2017) I obviously have more understanding of what transpired in 2006. My plumber friend was a conduit and portal for interdenominational beings to enter our plane of existence. They were from a planetary system unknown to humans and their intent was to help me (along with others) in the initial period of intense change. The red colouring was due to a combination of aspects including a type of energetic suit of protection and the vibration they were holding. I have since interacted with many other life forms over the years and always without fear.



My sketch of an ET being revealing its form to me.

I appreciate there is a portion of our potential client base that will not seek our help knowing we interact with life forms other than human or spiritual, whatever that may be. And I also recognise we open ourselves to ridicule by some. There are many reasons for this including, ignorance, fear, and the whole conspiracy mentality which we have no control over. From my perspective I firmly believe we are all connected or related in some way, with these inter-dimensional beings. Are they all benevolent towards humans? Certainly not, but there's no point in being paranoid.

Over the past few years I have been fortunate to be joined by my wife Chris in the business of energy healing. Chris has experienced her own journey, dynamic changes, and interactions with other dimensions of life. We continue to explore

and learn as much as we can in order to help others in their life journey, whether it be for health, relationships or career. To date we have worked with clients across 27 countries from one small room in our modest, Ipswich home. As we near the 11th anniversary of my first encounter, we recognise that things are changing once again for us. Our techniques are changing and we are being nudged into a new direction. How it will unfold is not being revealed to us at this time. It's one of those recurring phases of frustration in not knowing what will happen, combined with the excitement of knowing something will happen. You see, we're not always given the answers either.

Disclaimer

As with all the information we publish in our articles and website, or present in our trainings, the reader is not expected to automatically believe what is offered. All I ask is that the information be considered. Where possible I include references to other credible sources. Much of what is presented is our opinion, information from our Guides, and interpretation of experiences. The only proof we have is in the results we achieve for our clients. We also acknowledge that what may be relevant today will change, as everything evolves.

It is the readers and/or clients responsibility to do their own research and seek professional medical advice in every instance. Any individual who has a specific health problem or is taking medications must first seek advice from his or her personal physician or health care provider before making any changes to their treatment. Do not cease any medication without medical advice. This information or any associated text is not designed as a substitute for any form of medical treatment or advice.