

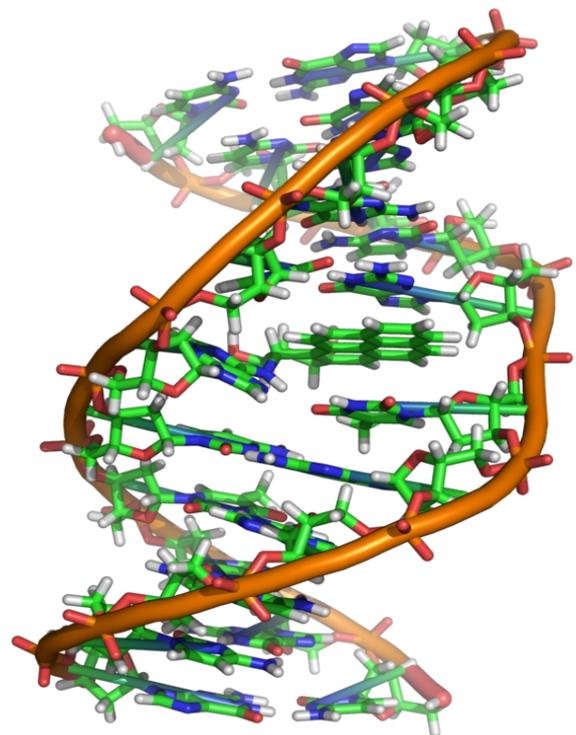


### DNA as Light<sup>4</sup>

Studies by Fritz-Albert Popp and other researchers have given us new understandings of DNA. That's DNA as light. Popp has demonstrated that DNA operates not only chemically, but a level beyond. It is essentially a storage unit for light and a source of biophoton emission.<sup>1</sup>

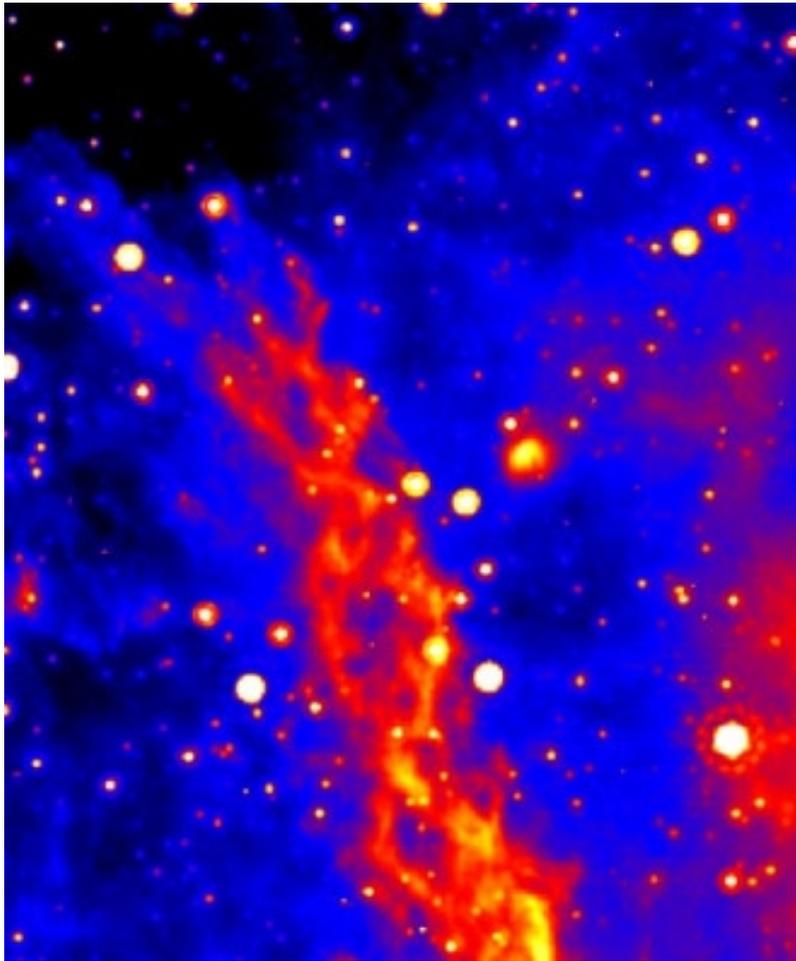
Photons compose the electromagnetic spectrum. They drive the body's processes. At different frequencies, photons produce different effects. Popp and others maintain that the body is actually surrounded by a field of light and that the DNA responds to, and reacts with, the various electromagnetic frequencies found in this field.<sup>2</sup> The physical body and its DNA rely upon light for health; certain types of light cause problems while others are beneficial.

How does external light reach and affect us? Researchers David Jernigan, DC and Samantha Joseph, DC, explored photons and discovered they operate as waves and particles and enter the body primarily through the eyes.<sup>3</sup> The eye translates light into electromagnetic impulses for the brain's interpretation; the light proceeds into the body's crystalline matrix or fibre optic network. By moving from the rods and cones into a different set of cells, called the Muller cells, the light accesses the crystal matrix of the body to reach every part of the body. This crystal matrix is interrelated with quantum fields of photons that pulse throughout the body. These biophotons act upon the entire electromagnetic spectrum, transferring information through each of its layers. The movements are facilitated by the electromagnetic polarisation of DNA, which acts as a guide to direct optical information. The electromagnetic and biophoton energies can either be coherent or incoherent.



*Illustration 1: DNA, or deoxyribonucleic acid, is the hereditary material in humans and almost all other organisms.*

This coherency is at least partly within our control. Studies have shown that holding positive thoughts in our heart creates coherency between electromagnetic and biophoton emissions, which then changes the DNA so that our bodies are healthier. So then, DNA can at least partly be controlled by our thoughts.



*Illustration 2: Each one of us is a universe of light within the universe. March 17, 2006; Astronomers reported an elongated double helix nebula near the centre of our Milky Way galaxy, using observations from NASA's Spitzer Space Telescope. The part of the nebula the astronomers observed stretches 80 light years in length.*

Ref:

1: Lynne McTaggart, *The Field* (New York: Harper Perennial, 2003), 44.

2: *Ibid.*, 43-45.

3: Jacob Liberman, *Light: Medicine of the Future* (Santa Fe, NM: Bear & Co., 1991), 110.

4. Adapted from *The Subtle Body: an encyclopaedia of your energetic anatomy*, by Cyndi Dale, 44.