

"What lies behind you and what lies in front of you, pales in comparison to what lies inside of you."

Ralph Waldo Emerson born 1803, was an American essayist, lecturer, philosopher, and poet who led the transcendentalist movement of the mid-19th century.



From the case files: An Exploration of Ancestral Influence.

This is an actual case and I have changed some personal details to conceal our client's identity. We will call her Anna. For convenience, I have included copies of our correspondence as it covers a number of questions we have discussed in past articles.

This is followed by a brief description of the sessions we conducted. Early in the month, a 25 year old woman from outside of Australia, approached us for a Free Discovery Session. Within that discovery session were two significant aspects. The first aspect to show was a significant imbalance between the male and female energy flow through the body. There was a definite demarcation between the left and right side of the body, with the left side (the female aspect) being very restricted. This demarcation was emphasised on the mental plane, with a streak of red, inflamed energy, running in a line down the centre of the forehead and veering off to the left side of the nose.

On the emotional plane for Anna, I felt a combination of both fear and calm simultaneously. There was also a genetic, hereditary pattern or cycle coming down the ancestral line of the father, which is not uncommon. Along with all of that, were two entities which I initially perceived to be directly in the biofield of Anna.

This sort of aspect does get my attention, and when I tuned-in a little more, I considered them to be of ET origin and not a threat to Anna. I have to say I'm not seeing these entities in a clear picture, but a combination of visual clues and a feeling of knowing. It was a feeling of having worked with this type of ET energy before, and it's quite caring. I emailed my observations including the fact that I had perceived two entities in the biofield, but did not suggest they were ET. Anna's feedback is as follows, with the omission of some personal details not relevant to the topic in question.

Anna: I would like to say that I know nothing about my birth parents. I was adopted when I was a baby so it was really interesting to hear about the genetic part of it. The ages you gave me are quite dead on. The fear and calm part I am wondering if that is something you see a lot. I can relate to it though. And the last part about the entities, somewhat frightens me. I carry crystals and stones on/with me to protect me and help me spiritually, physically, and emotionally. But, I would like to know more about these entities if you ever have time.

My health isn't the greatest. I've gained weight and don't exercise at all (barely). I am diagnosed with anxiety, depression, and borderline disorder. Lately some strange things have been happening with my head. They are not necessarily headaches but it's more of a dizziness/light-headed/fuzzy feeling. It doesn't feel normal and it scares me because I never know if I'm going to pass out or go into a seizure (I had a seizure once when I was a baby). I am taking prescription meds right now for the mental health problems I listed above...

Of course the inevitable question was asked by Anna of wanting to know more about the entities in her biofield...and so did I. Therefore, we took the time to investigate further and the following is my description to Anna.

Response: Thanks for the added feedback, it all makes perfect sense. Now, in regards to the entities in your biofield, I don't expect you to believe me, I just ask you to consider it. To offer you some understanding, I have to condense many years of experience into a few descriptive paragraphs and hope it makes sense to you. Humans are very complex energy beings. The physical form we all present is just what we create for ourselves, for our participation on this planet Earth. When that life ends, our spirit or soul moves on to participate in some other life, possibly another planet or possibly returning to earth again...it's all choice...there are no fixed rules of reincarnation. Each individual person on this planet actually has origins from elsewhere, from some other planet in some other form. We have chosen to have a life on this planet to explore certain aspects and emotions of our choice. Some are here to help the planet evolve. In order to help us achieve what we have planned for ourselves in human form, we have helpers or guides. In your case, you have a couple of helpers who are so closely connected to you, they seem to be in your biofield. In regards to the human experience, we choose our parents who will help offer us the experiences we choose to explore. In that choosing and exploration, we also have the added tool of ancestral patterns and influences giving added dimension to our experiences.

Again this is a matter of choice, as to whether you/we accept those influences or not. But it's not always smooth sailing, and sometimes different influences get out of hand or run longer than they should. In your situation, there is an influence coming down the ancestral line of your biological father. What that is specifically, is unknown. What I can tell you, is that it is dark and negative, and having a negative impact on you. Your helpers recognise this and are attempting to protect you from it. So that's the human side.

As most of us on this planet have origins from elsewhere, we also have ancestral patterns in connection to our true origins. This is a connection to wisdom and knowledge in association with the All or the Source. These commonly do not have a direct bearing on our human experience as such. If they do show, it's commonly associated with indigenous people who have very ancient connections or lineage that also influence their biological, parental patterns...they tend to go hand in hand. But in your case, you have chosen to cut your connection with the lineage of your true origins. The scenario of being adopted in human form, which is what you have chosen or created, is symbolic of the cutting of your true ancestral line. This is something rare, therefore you have some very close helpers to aid you in this exploration. This is why, to some extent, you are drawn to crystals and alternate treatments. You unconsciously know, or at the spiritual level, recognise there is more outside of the human plane of existence.

We recognise you are experiencing a number of health imbalances. Much of what you are experiencing in life is your choice and the consequence of cutting the true ancestral line. We can't intervene and fix everything because this is actually your exploration, your journey. But what we can do, is to clear the negative influence coming down the biological father's line. This will then assist your helpers to support you more effectively. If we were to do this, the direct improvements you can expect are unknown, but there would be some form of benefit. It would require two sessions to achieve this.

Anna asks for more understanding: I am wondering about one thing you said. "But in your case, you have chosen to cut your connection with the lineage of your true origins. The scenario of being adopted in human form, which is what you have chosen or created, is symbolic of the cutting of your true ancestral line." "I didn't choose to be adopted. I was a baby and had no say in the matter. What did you mean when you said this? Sorry I'm just confused. Yesterday I got really sick. My head felt like it was going to explode. Is this the kind of negative energy you think is affecting me? Is it physical?"

Response: In regards to your adoption, that decision, that choice, would have been made or planned before you were born. Also consider that most commonly, in the first few years from birth, the spirit is not fully in the body and has the capability of making changes and decisions to adjust it's journey. And it's not uncommon when working with clients to go back to birth or in the womb, when a limiting decision was made. But in your case the plan was devised before incarnating. So you see, you did have a say in the matter. It's very difficult to say exactly how the negative energy is affecting you directly, as there is always a reaction in the body to such influences...a resistance if you like. So how much is direct effect and how much is from reaction is unknown, but definitely can be very physical...it can be very complex.

I just wanted to clarify something for you. Your origins, along with most other people on this planet, were created or initiated elsewhere. Therefore, that makes your origins extra-terrestrial as is everyone around you. You're fundamentally an ET experiencing a human life. What your origins are, is unknown at this time. Millions of non-human existences occur in this universe. Now, if you can accept that, then also consider that due to your origins you may not have had a father and mother as we recognise them. Having a father and mother would have given you two lineages. Yes you do have two human ancestral lines or lineages, but we're talking about your initial origins. The essence of who you are, may have been conceived in some other way. In your case, we believe you only have one, single lineage. How were you created is unknown. If we get any answers in this regards we will pass them on. Now...because you only have one lineage or ancestral line, it makes the cutting of that line even more significant. Clear as mud, isn't it??

With Anna's permission we went on to complete two healing sessions, a week apart. There was nothing particularly exciting about the sessions, fairly routine really. In the first session, a number of inter-dimensional interferences were encountered from the start and we cleared those; cleared the hereditary line of both biological parents; cleared blocked emotions in the area of the pelvis; also worked on releasing the pressure in the head. We asked about Anna's origins but no answer given.

Session 1 feedback from Anna: *I would like to say right now that my headaches are gone. It's like a miracle I'm not joking. So I would like to thank you for that. For feedback, like I said, my head pressure has lessened greatly. It still sneaks up on me sometimes but it's not nearly as bad as it was before. I also have been having pretty good luck lately and I don't feel as unmotivated/lazy as before.*

Chris and I went on to conduct a second distant healing session which was again routine and nothing exciting to report. Right from the beginning it was always our intent, to only deal with the interferences blocking Anna's helpers, and we made that very clear. This case is a good example of ancestral influences from a number different aspects and raises the common question of how could I have made "that choice"?

Final session report to Anna: *Hi Anna, we have completed your final session. Our aim was to continue with releasing pressure in the head, help to balance your blood pressure and clear any remaining influences coming down the ancestral line of the biological father. Towards this intent, we were guided to make adjustments in the area of the head and the lower gut. You may experience some upsets in the tummy, but should not last more than 24 hours...if at all. We also made adjustments to your earth grounding. This is something you need to be more conscious of; being outdoors or even in water is good for you. Please send us your feedback over the coming days.*

Anna's feedback: *Thank you so much for doing these sessions with me! So, I think it may have been during the session or sometime around the time you performed it, that my stomach started feeling really sick. I was extremely nauseous and didn't know why. I couldn't eat but I couldn't NOT eat either. It didn't last for very long, maybe several hours...but I realized that you had said I might have stomach problems. Anyways, after the session, my stomach cleared and so did the rest of my head problems. After the initial session I know you said you cleared most of it, but I was still having mild head pains. Now that we are finished (I think), I'm pretty sure 99% of my head ailment is gone. I am very grateful to you for this. When the headaches came on randomly, there was nothing I could do to prevent them and I didn't know what was causing them. Now, I can actually focus on what I'm doing during the day and not have to worry about head problems.*



As with all the information we publish in our articles and website, or present in our trainings, the reader is not expected to automatically believe what is offered. All I ask is that the information be considered. Where possible I include references to other credible sources. Much of what is presented is our opinion, information from our Guides, and interpretation of experiences. The only proof we have is in the results we achieve for our clients. We also acknowledge that what may be relevant today will change, as everything evolves.

It is the readers and/or clients responsibility to do their own research and seek professional medical advice in every instance. Any individual who has a specific health problem or is taking medications must first seek advice from his or her personal physician or health care provider before making any changes to their treatment. Do not cease any medication without medical advice. This information or any associated text is not designed as a substitute for any form of medical treatment or advice.